



Lincolnshire Youth Ballet
The Former Stamford Museum
Broad Street
Stamford
PE9 1PJ

VIDEO AUDITIONS

SLEEPING BEAUTY 2022

Deadline for video submissions: Sunday 5th June.

Target date for results: Sunday 12th June. Every student will receive a report containing feedback from our panel along with their audition result.

Submitting your application

Please upload the video via secure platform such as YouTube, Vimeo or WeTransfer in one single file and emailed to info@lincolnshireyouthballet.co.uk along with any passcode we may need to access the video. Photos to be included in the same email attached in JPEG format.

At the beginning of the video candidates to state their full name, Date of Birth, current Grade of ballet and dance school.

We do not expect a professionally edited video or professional quality photos, so long as the students can be seen clearly and fully in shot. Please position your camera at the front of your space and film candidates front on so that full range of movement can be seen.

Exercises should be demonstrated on both sides.

Late and incomplete applications will not be considered.

What to wear

Female candidates please wear a sleeveless leotard of your choice and pink ballet tights. Ballet shoes and long hair in a bun. No ballet skirts please. Pointe shoes are optional for senior candidates if they are en pointe.

Male candidates please wear a cap sleeve leotard or tight-fitting t shirt and shorts or leggings, ballet socks and ballet shoes.

Photo Requirements for all entrants

- Full length, facing front
- Full length, facing side
- Headshot
- Demi plie in 2nd position
- Facing front, dégagé to 2nd position, arms in 2nd position
- 1st arabesque en l'air, side view (inters and seniors only)
- Splits right, left and centre (seniors only)

Lincolnshire Youth Ballet
Company Registration 12557164
Director - Margaret Skinner
www.lincolnshireyouthballet.co.uk
info@lincolnshireyouthballet.co.uk



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Juniors (Girls and Boys)

(Grade 1 and 2 ballet standard) video audition requirements Boys and Girls

Barre

Pliés to include demi plié in 1st and 2nd

Battement tendu devant and a la seconde

Grands Battement devant and a la seconde

Centre

Port de bras

Free movement exercise to include sways, spins, free running, balances and transfer or weight (Use of scarf or ribbon optional)

Petit Allegro to include sautes in 1st, 2nd and changements

Travelling exercise to include skip change of step, galops (forward and sideways) run and parallel assemblé.

Run and free leap from the corner

Inters (Girls and Boys)

(Grade 3 and 4 ballet standard) video audition requirements

Barre

- Pliés to include demi and grands plié in 1st, 2nd and 5th
- Battements tendus and battements glissés
- Adage – to include developpe devant and a la seconde.
- Grand Battements devant, a la seconde and derriere

Centre

- Port de bras to include balancé en avant and en arriere and / or balancé de coté
- Free movement exercise to include triple runs or waltz steps, transfer of weight, free spin, free run and a balance en demi pointe. (Use of scarf or ribbon optional)
- Petit allegro to include sautés in 1st, échappe sautes to 2nd and changements
- Allegro to include glissade, assemblé and sissonne de coté.
- Corner turns exercise to include skips or springs turning and or pony galops /crammats turning.
- Grands allegro exercise to include temps levé and a free leap

Seniors (Girls)

Grade 5 – (Advanced ballet standard) video audition requirements

Barre

- Pliés to include demi and grands plie in 1st, 2nd and 5th
- Battement tendu and battement glissé en croix
- Rond de jambe a terre and fondu en l'air en croix
- Adage – to include developpe devant, a la seconde and derriere, and penchée
- Grand Battement devant, a la seconde and derriere and en cloche.

Centre

- Port de bras
- Centre practise to include single or double pirouette en dedans and en dehors on both sides.
- Adage to include fouetté of adage, and promenade in arabesque or attitude derriere.
- Free movement exercise to include triple runs or waltz steps, floor work, transfer of weight, free spin, free run and a balance en demi pointe. (Use of scarf or ribbon optional)
- Corner turns to include posé turns and chennées.
- Petit allegro to include sautes in 1st, échappes sautés to 2nd and changements
- Allegro to include assemblé, jeté, and sissonne.
- Grand allegro exercise to include temps levé and grand jeté.

Pointework barre

Candidates not yet en pointe can opt to do these exercises en demi pointe

- Rises in 1st and 2nd at the barre (filmed close range to show ankle position and foot shape)
- Relevé in 5th and echappe relevé to 2nd (filmed close range to show ankle position and foot shape)
- Relevé devant, derriere, passé devant and passé derriere.

Pointe work centre

- Temps lie and courus
 - Relevé in 5th and echappe relevé to 2nd.
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Barre

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- Battement tendu and battement glissé en croix
- Rond de jambe a terre and fondu en l'air en croix
- Adage – to include developpe devant, a la seconde and derriere
- Grand Battement devant, a la seconde and derriere and en cloche.

Centre

- Port de bras
- Centre practise to include single or double pirouette en dedans and en dehors on both sides.
- Adage to include fouetté of adage, and promenade in arabesque or attitude derriere.
- Free movement exercise to include triple runs or waltz steps, floor work, transfer of weight, free spin, free run and a balance en demi pointe. (Use of scarf or ribbon optional)
- Petit allegro to include sautes in 1st, échappes sautés to 2nd and changements
- Allegro to include assemblé, jeté, and sissonne.
- Tour en l'air single or double to both right and left
- Grands allegro exercise to include fouetté sauté, temps levé and grands jete.
- Batterie exercise.

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